



Humboldt County LGBTQ Resources

Community Service Groups / Resources

Queer Humboldt

(707)502-2890

www.queerhumboldt.org

<http://www.facebook.com/queerhumboldt>

Eureka Sisters of Perpetual Indulgence

Email: info@eurekasisters.org

www.eurekasisters.org

www.facebook.com/eurekasisters

Lesbian Emergency Fund

Provides small loans/grants to lesbians/dykes/queer women in any kind of emergency.

Call Sue at (707) 407-8367

HSU Women's Resource Center

www.humboldt.edu/hsuwomen

Open and Affirming Churches and Spiritual Organizations

Arcata United Methodist Church

1761 Eleventh Street Arcata, CA 95521

(707)822-1963

Email: <mailto:minfo@arcataumc.org>

<http://www.arcatamethodist.org>

Arcata Zen Group

The Arcata Zen Group is a Zen Buddhist group which welcomes anyone to participate with them in sitting & walking meditation. The AZG BOD official statement is that "AZG is an inclusive community and welcomes all without regard to race, gender, class, sexual orientation, ethnicity, national origin, or disability." A number of LGBTQ-identified people have been a part of the AZG sangha over the years & found it to be gay-friendly.

www.arcatazengroup.org



Humboldt County LGBTQ Resources

First Congregational United Church of Christ

900 Hodgson, Eureka

(707) 445-5488

<http://www.eurekaucc.org>

The Humboldt Chapter of the Buddhist Peace Fellowship

We welcome people without regard to sexual orientation, and members are involved in efforts towards marriage equality. Meetings are generally second Sunday at 11:30 a.m.

Contact Mitch at (707) 496-0071, visit <https://www.facebook.com/Humboldt-Buddhist-Peace-Fellowship-736824696343780/> or write to BPF c/o AZG 740 Park Avenue, Arcata, CA.

Humboldt Unitarian Universalist Fellowship

24 Fellowship Way (off Jacoby Creek Road), Bayside. Between Arcata and Eureka. Many in our community attend this very gay-friendly, non-denominational church.

(707) 822-3793

<http://www.huuf.org>

St. Alban's Episcopal Church

1675 Chester Ave., Arcata CA 95521

(707) 822-4102

<http://www.stalbansarcata.org>

Temple Beth El

The Temple is located at the corner of Hodgson and T Streets in Eureka

(707)-444-2846

templebetheleureka.org

Youth

Queer Youth Coffee House

Meets Tuesdays 6:30pm to 8:30pm at RAVEN 523 T street, Eureka

(707) 443-7099

rca.org/ysb/stroutrch.html

<http://www.facebook.com/ravenproject>

Fortuna Union High School Gay Bi Straight Alliance

<http://www.facebook.com/pages/FUHS-Gay-Bi-Straight-Alliance/192961444083520?sk=info>



Humboldt County LGBTQ Resources

Eureka High School Y.E.A.H. Club GSA (Gay / Straight Alliance)

Mauro Staiano (707)441-2508 or staianom@eurekacityschools.org

Karen Griffith (707)441-2508 or griffithk@eurekacityschools.org

Arcata High's Sexuality and Gender Acceptance Club

Janie Mendosa

jmendosa@nohum.k12.ca.us

McKinleyville Youth LGBTQ Club Safe Zone

A club for LGBTQ youth that meets every Wednesday at 3:30pm at the Boys and Girls Club Teen Center in McKinleyville at 1705 Gwin Rd.

For further information, contact Samantha Hayworth at (707) 840-0304 or

<mailto:mshaworth@bgcredwoods.org>

McKinleyville High School Diversity Club

Sarina Benavides-Garb, Diversity Club Advisor. (707) 839-6400 or sgarb@nohum.k12.ca.us

College of the Redwoods Queer Student Union

Meets every Tuesday at 1:15p.m to 2:15p.m. (room location changes each semester)

Email: <mailto:michelle-haggerty@redwoods.edu>

<http://www.facebook.com/groups/214915345289700/>

Humboldt State University Queer Student Union

Meets Thursdays 7:00p.m. at The Multicultural Center

Email: qsu@humboldt.edu

http://humboldt.edu/clubs/club_sites/qsu/

<https://www.facebook.com/hsuqsu?ref=ts&fref=ts>

Eric Rofes Multicultural Queer Resource Center

The ERC is an activist group at Humboldt State committed to providing students with information and events that address the needs of the queer community. The ERC is located in Warren House 53.

www.humboldt.edu/erc/

Rainbow Discussion Group

A collaborative support group for queer and transgender students run through the Counseling and Psychological Services at Humboldt State. Trans Group Friday 1:00 to 2:00, Milton House, any High School Student.

(707) 826-3236



Humboldt County LGBTQ Resources

Support

PFLAG (Parents & Friends of Lesbians and Gays)

We meet first Thursday of the month at the Adorni Center conference room 6:30 to 8:00 PM. We meet first Thursday of the month at the Adorni Center conference room in Eureka from 6:30 to 8:00 PM.

For information, visit: www.facebook.com/pflag.eurekaarcata

Or email: eurekapflag@gmail.com Contact phone number is: (707) 633-9081

Transgender Health Services

Humboldt Open Door Clinic

770 10th Street, Arcata

For appointment call Sergio Codina at : (707)826-8610, ext. *1139

For questions email: scodina@opendoorhealth.com

Transgender Support Group

Meets every last Wednesday of the month at 5:30pm to 7:00pm.

The group is open to all Open Door patients age 18 and over who identify as trans or gender queer.

All insurances are accepted and no charge for those without insurance.

The support group will be facilitated by the clinic's Behavioral Health Consultant.

If you are interested in attending the support group, please contact the clinic at your earliest convenience – (707) 826-8610 or just show up.

Humboldt Area Trans Support

Meets 11:00-1:00 (Fourth Saturday of every month)

Jefferson Project, 1000 B Street, Eureka

<http://www.facebook.com/groups/390296251057144>

Alcoholics Anonymous for Humboldt and Del Norte Counties

(844)442-0711

www.aahumboltdelnorte.net

Area 1 Agency on Aging

Insurance Counseling and Advocacy Program including Medicare

434 7th St, Eureka, CA 95501

(707) 444-3000

www.a1aa.org

Homeless or At Risk of Homelessness

RAVEN Project

Drop-in center with food, showers, computers, social groups, and access to referrals.

523 T Street, Eureka

(707) 443-7099

<http://www.rcaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program>

www.facebook.com/ravenproject



Humboldt County LGBTQ Resources

Our House Shelter

Short-term housing, food, and clothing for youth 12-17; case management, referrals, and support for youth. Youth who access the safe house may be experiencing homelessness, conflicts in the home, runaways, etc.
(707) 444-CARE (2273) 24 hours a day

Launch Pad

Long-term transitional housing provided in semi-supervised apartments for youth. Must be between the ages 16-21 and be homeless or fleeing an unhealthy living environment.
(707) 444-CARE (2273)

Girls' Space

A safe space for young women (ages 10-21) to explore, empower, and express themselves.
Meets Wednesdays from 6:30-8:30 p.m.

Raven, 523 T St, Eureka

(707)443-7099

<http://www.facebook.com/ravenproject>

National Resources

The It Gets Better Project

Our mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.

www.itgetsbetter.org

Family Acceptance Project

The Family Acceptance Project™ is a research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth.

<http://www.familyproject.sfsu.edu>

The Trevor Project

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.

www.thetrevorproject.org

1-866-488-7386



Humboldt County LGBTQ Resources

Crisis

Humboldt County Mental Health

Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress
720 Wood Street, Eureka, CA
Crisis Line: (707) 445-7715
Toll Free Access with TDY: (888) 849-5728

North Coast Rape Crisis Team

Provides crisis services; coordinates self-defense classes and education about rape
(707) 443-2737
24-Hour Crisis Line: (707) 445-2881
<http://www.ncrct.org>

Humboldt Domestic Violence Services

(707) 443-6042 or 1-866-668-6543

National Suicide Prevention Hotline

1-800-273-8255

24 hour crisis line RCAA Youth Service Bureau

(707) 444-CARE (2273)

Spanish Language Suicide Prevention Lifeline

1-888-628-9454

Speech/Hearing Impaired Suicide Prevention Lifeline

1-800-799-4889

The Trevor Project

Suicide prevention and Crisis Counseling hotline for LGBTQ youth
24 hour line: 1-866-488-7386
www.thetrevorproject.org

Trans Lifeline

Trans Lifeline can be reached at 877-565-8860. For LGBT youth (ages 24 and younger) contemplating suicide, the Trevor Project Lifeline can be reached at 1-866-7386.

California Poison Control

1-800-222-1222
<https://calpoison.org>



Humboldt County LGBTQ Resources

Humboldt County Mental Health

Children Youth & Family Services

Children's Services provides assessment, therapy, case management, psychological services, and medication services.

1711 Third St.

Eureka, Ca 95501

(707) 268-2800

(707) 445-7715 Crisis Staff 8am to 5pm

(888) 849-5728 After Hours

Sempervirens Psychiatric Health Facility

Same Day Services and Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress.

<http://www.co.humboldt.ca.us/hhs/mhb/>

720 Wood St., Eureka, CA 95501

(707) 445-7710

Crisis Services (707) 445-7715 or 1-888-849-5728

Hope Center

Hope Center offers a variety of groups and classes, many of which are facilitated by peer volunteers. Our regular activities include WRAP (the Wellness Recovery Action Plan), a peer advocacy group, a grief group, bingo, and art.

<https://humboldt.gov/429/Hope-Center>

2933 H St., Eureka, CA 95501

707-441-3783

North Coast Association of Mental Health Professionals

Local directory of Mental Health Professionals. A nonprofit, multidisciplinary organization consisting of psychologists, psychiatrists, marriage and family therapists, licensed clinical social workers, licensed educational psychologists, and registered interns of these professions.

<http://ncamhp.org/directory.asp>



Humboldt County LGBTQ Resources

Social Groups and Activities

L-Word

Local monthly publication written by and for local queers highlighting local and international events.

www.lword.mamajudy.com

Queer Night Out

Every Thursday night 7 p.m. to 9 p.m. at The Alibi, 744 Ninth Street, Arcata Come join us for dinner and social fun. Look for us at the back tables.

Eureka Munch

Meets the second Thursday of each month at 6:00 p.m. The location is to be determined. The Eureka Munch is a radically inclusive group who welcomes kinky people regardless of gender, sexual ID, or kink. We welcome queer, transgender, gay, bi, homoflexible, hetroflexible, straight and everyone in-between plus those who don't fit into any labeled category. Please, no one under the age of 18. That includes not bringing your own children under 18. Please RSVP if you plan on attending to Molly.Kholin@gmail.com

Monthly Hikes for Lesbians

Monthly hikes. For more information, call Sue at (707)822-3405.

Mental Wellness

The Emma Center

Provides long term, integrated healing services in a safe, empowering environment for any woman who has experienced trauma.

5251 Ericson Way, Suite 3

Arcata, CA 95521

(707) 825-6680

<http://www.theemmacenter.org>

<mailto:info@emmacenter.org>

Eureka Mindfulness

Eureka Mindfulness offers mindfulness meditation scientifically proven to help body and mind. Led by Dr. Cindee Grace, LGBTQ activist and retired naturopath. Free-will donation, wheelchair accessible, fragrance free (no perfume, etc.). 1st & 3rd Sundays 10 a.m.-12:00p.m. Call for location.

(707) 269-7044

Hospice of Humboldt

The Grief Support Services department at Hospice of Humboldt offers free support and education to anyone in the community dealing with issues around grief. Grief support groups are offered five times a week in Eureka, Fortuna, Arcata and McKinleyville. A variety of grief recovery classes and workshops for adults and teens are also available.

<http://www.hospiceofhumboldt.org>

<mailto:info@hospiceofhumboldt.org>

3327 Timber Fall Court

Eureka, CA 95503

(707) 445-8443



Humboldt County LGBTQ Resources

Humboldt Family Service Center Counseling Services

HFSC is a non-profit community counseling agency offering individual, couple, child and family counseling.

humboldtfamilyservice.org

1802 California St,

Eureka , Ca 95501

(707) 443-7358

Humboldt State University Community Counseling Clinic

Counseling for adults and children, individuals, couples and families on a low cost sliding fee scale provided by supervised graduate level MFT Counseling or School of Psychology students. Serves the entire community except when Humboldt State is not in session.

One Harpst Street, Behavior and Social Science Building

Room 208, Arcata, CA 9521

<http://www.humboldt.edu/~psych>

(707) 826-3921

Humboldt State Counseling and Psychological Services

Services Include: Psychological assessment, short term individual and couples counseling, groups and workshops, information and referral, crisis intervention, outreach and consultation for students attending HSU.

<http://www.humboldt.edu/counseling>

(707) 826-3236

I'm Still Here: Community DIY Mental Health Support Group

Meets every 2nd and 4th Sunday at 5pm at Outer Space, 11th & M streets, Arcata .

Creates a forum for mutual acceptance, understanding and self-discovery. Offers support to those that need it and taps into support when needed. Builds connections with folks that can empathize. Reaches out to others and benefits from the experience of those who have been there. Holds ourselves accountable for our mental well-being. Share the scary thoughts--the things that are big inside, in hopes they can become pretty small once they are shared outside.

A community-facilitated group, not run by mental health professionals.

For questions, email outerspacearcata@gmail.com

Depression Support Group

Every Monday night from 6:30-7:45p.m. We are an improvement-oriented support group of community members who are seeking a greater understanding of our own depression and are working together toward recovery and healing. Facilitated by a Counseling Masters graduate but run by participants.

United Methodist Church of the Joyful Healer

1944 Central Avenue, McKinleyville

Call Diane at (707) 839-4753 for more information.



Humboldt County LGBTQ Resources

Legal Resources

Humboldt County Human Rights Commission

Consults with individuals about complaints related to human rights violations or discrimination due to social category. Also provides a speaker's bureau on a variety of topics.

Meets 1st Thursday, 5-7p.m.

825 5th St, Room 1A, Eureka 95501

(707) 268-2548

<https://humboldt.gov/1308/Human-Rights-Commission>

Lambda Legal

Western Regional Office

4221 Wilshire Boulevard, Suite 280

Los Angeles, CA 90010-3512

(213) 382-7600

<http://www.lambdalegal.org>

Legal Services of Northern California

Free Legal Services for low income and seniors.

P.O. Box 1017, Eureka, California 95502

(707) 445-0866 X304

Redwood ACLU

American Civil Liberties Union

Conducts board meetings and will hear complaints of civil liberties violations.

917 3rd Street Suite Q

Eureka, CA 95501

(707) 336-2258

Senior Legal Services

Located at the Humboldt Senior Resource Center in Eureka.

1910 California Street

Eureka, Ca 95501

443-9747 x 1245

(707) 445-0866

1-800-972-0002



Humboldt County LGBTQ Resources

National Center for Lesbian Rights

Elder Law Project

Provides legal services, legislative support, and policy work to advance equality for LGBT elders.

870 Market Street, Suite 370

San Francisco, CA 94102

(530) 272-5962

Law Office of Edward Schrock

Your Humboldt County lawyer & friend to the community. Serving all clients with respect and professionalism.

Please call us today to schedule your free consultation. Bilingual Contact/Contacto Bilingue: Christopher L

Anguiano Office Manager/Legal Assistant schrocklawoffices@gmail.com

Services: Family Law.

Servicios: Derecho de Familia

1036 5th Street, Suite B, Eureka

(707)442-3400

<http://www.humboldtcountylaw.com>

Stokes, Hamer, Kaufman & Kirk, LLP

Estate planning, probate, business, family law, civil rights, personal injury, Real estate, construction, elder financial abuse, general civil disputes and litigation, criminal. Committed to equality and justice under the law, and valuing diversity. Southern Humboldt Appointments by request.

381 Bayside Road, Arcata, CA 95521

(707)822-1771

<http://www.arcateurekalaw.com>

Medical Wellness

AIDS Drugs Access Program (ADAP)

Humboldt County DHHS – North Coast AIDS Project

Contact the Community Wellness Center and ask to speak to an ADAP Enrollment Worker.

(707)268-2132

AIDS Task Force

For information, contact Michael Weiss at (707) 441-5074.

Breast & Gyn Health Project

987 8th Street (across from the Arcata Co-op) Arcata, CA 95521

(707) 825-8345

Toll-free: (877) 422-4776

Fax: (707) 825-8384

info@hcbhp.org

www.hcbhp.org

Breast & Gyn Health Project is a community resource of support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer. Office hours are Monday-Friday, 10 a.m.-2p.m.



Humboldt County LGBTQ Resources

Gay and Lesbian Medical Association

Maintains a searchable online database of LGBT friendly doctors and care providers and web pages devoted to transgender health resources

1326 18th Street NW Suite 22

Washington, DC 20036

(202) 600-8037

<http://www.glma.org>

HIV Testing Sites

Confidential

Humboldt County Department of Health
& Human Services Public Health Branch:

Eureka: Call for appointment, sliding scale.
529 I St. (707) 268-2108

Willow Creek: Tuesday and Friday
1:30 – 3 p.m. Walk-in.
77 Walnut Way
(530) 629-2410

Garberville: HIV testing by appointment.
727 Cedar Street (707) 923-2779

Mobile Van: (The Silver Health Van travels to various areas. Call the van at (707) 599-6307 for further information).

United Indian Health Services:

Arcata: 1600 Weeot Way (707) 825-5070
Monday thru Friday 10-5 p.m. Walk in.

Klamath: 241 Salmon Ave. (707) 482-2181
Monday 1-3 p.m. Walk in.

Weitchpec: Weitchpec Tribal Office
Hwy 196 (707) 445-2360
Thursday 10-5 p.m. Walk-in.



Humboldt County LGBTQ Resources

HIV Testing Sites

FREE/SLIDING SCALE & CONFIDENTIAL

Eureka Community Health Center:

Eureka: 2412 Buhne St. (707) 441-1624
Call for an appointment.

Humboldt Open Door Clinic:

Arcata: 770 10th Street (707) 826-8610
Call for an appointment.

Redwoods Rural Health Center:

Redway: 101 Westcoast Road
(707) 923-2783 Call for an appointment.

For more information, call the Humboldt County Public Health Branch's North Coast AIDS Project at (707) 441-5568, Public Health Nursing at (707) 268-2109, or Toll free at 1-866-597-1574.

North Coast AIDS Project (NorCAP)

908 7th Street
Eureka, CA 95501
707-552-5568
707-268-0415 Fax

mweiss@co.humboldt.ca.us

<http://humboldt.gov/org/620/North-Coast-AIDS-Project-NorCAP>

AIDS education and prevention, plus direct services for people living with HIV/AIDS.

Planned Parenthood Northern California

Pregnancy testing, contraceptive services, exams and treatment for STDs, HIV testing and other services.
(707) 442-5700

<http://www.plannedparenthood.org/planned-parenthood-northern-california>

3225 Timber Fall Court, Eureka, CA 95503

Redwood Urgent Care

2440 23rd street

Eureka, Ca 95501

707-298-2011

Open 9-7pm seven days a week, 365 days a year

Holidays 9-5pm

We offer cash pricing that is reasonable, as well as accept most insurance (medi-cal not accepted).



Humboldt County LGBTQ Resources

Friends and Supporters of the Queer Humboldt Community

Jennifer Saffen

Marriage and Family Therapist

Sexual orientation, coming out, and other issues for the queer community. To schedule an appointment in my private practice call (707) 616-7141 or e-mail me at jes@humboldt1.com Office in Arcata

Living Arts Counseling Center

Serving the community with affordable and innovative psychotherapy services that include drama therapy and expressive arts therapy. While many of our clients do not consider themselves actors or artists, they enjoy and benefit from the therapeutic engagement of their creativity.

1433 11th Street, Suite F, Arcata (707) 826-1400 www.livingartscenter.org

M.E.N.D./W.E.N.D. (Men and Women Experiencing Non-Abusive Decisions)

We are a private practice psychotherapy office. We currently have 2 Licensed Clinical Social Workers and 1 Marriage and Family Therapist Registered Intern. Our services are open to individuals, couples, families and children/teens. We accept private insurance, Medi-Cal, VOC, RCRC, and private pay. Our services are also available in Spanish.

If you have any questions please give us a call at (707) 441-8630.

930 Thirds St, Suite 209, Eureka and 343 G St, Crescent City, CA 95531

Stuart Altschuler, MFT

Stuart has a holistic approach that integrates the emotional, psychological, and spiritual needs of the individual.

He has extensive experience with the queer community. His office is based in Ferndale. (707) 786-9727

Email: stuart@mfcc.com

Trey Polesky, LCSW

Trey is a Licensed Clinical Social Worker who specializes in and is passionate about providing individual therapy services to the LGBTQI community. In particular he has extensive experience working with transgender, non-binary, and queer identified clients.

(707) 840-5511

427 F Street, Suite 224, Eureka, CA 95501

www.treypolessky.com

Email: trey.polesky@gmail.com



Humboldt County LGBTQ Resources

Wedding Resources

Ministers, non-denominational ministers, and photographers & DJ's who support the Queer community.

Ministers

Tracy Jordan French, Minister
(707) 599-9335
tracyjordanfrench@gmail.com

Eureka Sisters of Perpetual Indulgence
(707) 676-3774
<http://www.eurekasisters.org>

Ronald Love, Non-Denominational Minister
(707)407-0438 cell
(707)616-8176 home
<mailto:dlove8013@gmail.com>

Photographers

Elizabeth Mackay, Photographer
<http://www.catch-light.com>
(707)444-2601

Forget-Me-Not Photo Booth and Flipbook Rental Service
Kacy Curtis
<http://www.forgetmenotphotobooth.com>
(707)499-3256

DJs

DJ Joe-E
(707) 954-9052
quadradelic@yahoo.com