



Humboldt County LGBTQ Resources

Community Service Groups / Resources

Queer Humboldt

(707)502-2890

www.queerhumboldt.org

www.facebook.com/queerhumboldt

Eureka Sisters of Perpetual Indulgence

Email: info@eurekasisters.org

www.eurekasisters.org

www.facebook.com/eurekasisters

Lesbian Emergency Fund

Provides small loans/grants to lesbians/dykes/queer women in any kind of emergency.

Call Sue at (707) 407-8367

HSU Women's Resource Center

www.humboldt.edu/hsuwomen

Multicultural Center, House 55, Humboldt State University

Open and Affirming Churches and Spiritual Organizations

Arcata United Methodist Church

1761 Eleventh Street Arcata, CA 95521

(707)822-1963

Email: arcataumc@sbcglobal.net

www.arcataumc.org

Arcata Zen Group

The Arcata Zen Group is a Zen Buddhist group which welcomes anyone to participate with them in sitting & walking meditation. The AZG BOD official statement is that "AZG is an inclusive community and welcomes all without regard to race, gender, class, sexual orientation, ethnicity, national origin, or disability." A number of LGBTQ-identified people have been a part of the AZG sangha over the years & found it to be gay-friendly. AZG group meditation occurs Sundays at the Northcoast Aikido Dojo behind the New Outdoor Store on the Arcata plaza at 8:10 a.m. & at 8:50 a.m. There are also regular opportunities for group sits at the AZG Zendo at 740 Park in the Arcata hills; in Eureka; & in Trinidad.

www.arcatazengroup.org



Humboldt County LGBTQ Resources

Evangelicals Concerned

EC is a non-denominational, evangelical community that is a safe place for gay, lesbian, bisexual and transgender Christians to reconcile and integrate their faith and sexuality. As a volunteer organization, EC fosters an atmosphere for spiritual growth for all who are on their journey of faith through conferences, local groups, Bible studies and educational resources.

Email: ECHumboldt@aol.com

(707) 826-0518.

First Congregational United Church of Christ

900 Hodgson, Eureka

(707) 445-5488

www.eurekaucc.org

The Humboldt Chapter of the Buddhist Peace Fellowship

We welcome people without regard to sexual orientation, and members are involved in efforts towards marriage equality. Meetings are generally second Sunday at 11:30 a.m.

Contact Mitch at 496-0071 or write to BPF c/o AZG 740 Park Avenue, Arcata, CA.

Humboldt Unitarian Universalist Fellowship

24 Fellowship Way (off Jacoby Creek Road), Bayside. Between Arcata and Eureka. Many in our community attend this very gay-friendly, non-denominational church.

(707) 822-3793

www.huuf.org

St. Alban's Episcopal Church

1675 Chester Ave., Arcata CA 95521

(707) 822-4102

www.stalbansarcata.org

Temple Beth El

The Temple is located at the corner of Hodgson and T Streets in Eureka

(707)-444-2846

templebetheleureka.org

Youth

Queer Youth Coffee House

Meets Tuesdays 6:30-8:30p.m. at RAVEN 523 T street, Eureka

(707) 443-7099

rca.org/ysb/stroutrch.html

www.facebook.com/ravenproject

Fortuna Union High School Gay Bi Straight Alliance

www.facebook.com/pages/FUHS-Gay-Bi-Straight-Alliance/192961444083520?sk=info



Humboldt County LGBTQ Resources

Eureka High School Y.E.A.H. Club GSA (Gay / Straight Alliance)

Mauro Staiano (707)441-2508 or staianom@eurekacityschools.org

Karen Griffith (707)441-2508 or griffithk@eurekacityschools.org

Email: ehsyeah@yahoo.com

www2.eurekacityschools.org/ehs/staianom/yeah/yeah.html

Arcata High's Sexuality and Gender Acceptance Club

Janie Mendosa

jmendosa@nohum.k12.ca.us

McKinleyville High School Diversity Club

Sarina Benavides-Garb, Diversity Club Advisor. (707) 839-6400 or sgarb@nohum.k12.ca.us

College of the Redwoods Queer Student Union

Meets every Monday at 4:30p.m. (room location changes each semester)

Email: michelle-woods@redwoods.edu

www.facebook.com/groups/214915345289700/

Humboldt State University Queer Student Union

Meets Thursdays 7:00p.m. at The Multicultural Center

Email: qsu@humboldt.edu

http://humboldt.edu/clubs/club_sites/qsu/

<https://www.facebook.com/hsuqsu?ref=ts&fref=ts>

Eric Rofes Multicultural Queer Resource Center

The ERC is an activist group at Humboldt State committed to providing students with information and events that address the needs of the queer community. The ERC is located in Warren House 53.

www.humboldt.edu/erc/

Rainbow Discussion Group

A collaborative support group for queer and transgender students run through the Counseling and Psychological Services at Humboldt State.

(707) 826-3236

Support

PFLAG (Parents & Friends of Lesbians and Gays)

For information, visit: www.facebook.com/pflag.eurekaarcata

Or email: eurekapflag@gmail.com



Humboldt County LGBTQ Resources

Transgender Health Services

Humboldt Open Door Clinic

770 10th Street, Arcata

For appointment call Sergio Codina at : 707-826-8610, ext. *1139

For questions email: scodina@opendoorhealth.com

Transgender Support Group

Meets every last Wednesday of the month at 5:30pm to 7:00pm.

The group is open to all Open Door patients age 18 and over who identify as trans or gender queer.

All insurances are accepted and no charge for those without insurance.

The support group will be facilitated by Stephanie Johnson, the clinic's Behavioral Health Consultant.

If you are interested in attending the support group, please contact the clinic at your earliest convenience –

(707) 826-8610 or sjohnson@opendoorhealth.com or just show up.

Humboldt Area Trans Support

Meets 11:00-1:00 (Fourth Saturday of every month)

Jefferson Project, 1000 B Street, Eureka

www.facebook.com/groups/390296251057144

Alcoholics Anonymous for Humboldt and Del Norte Counties

(844)442-0711

www.aahumboltdelnorte.net

Area 1 Agency on Aging

Insurance Counseling and Advocacy Program including Medicare

434 7th St, Eureka, CA 95501

(707) 444-3000

www.a1aa.org

Homeless or At Risk of Homelessness

RAVEN Project

Drop-in center with food, showers, computers, social groups, and access to referrals.

523 T Street, Eureka

(707) 443-7099

www.rcaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program

www.facebook.com/ravenproject



Humboldt County LGBTQ Resources

Our House Shelter

Short-term housing, food, and clothing for youth 12-17; case management, referrals, and support for youth. Youth who access the safe house may be experiencing homelessness, conflicts in the home, runaways, etc.

(707) 444-CARE (2273) 24 hours a day

Launch Pad

Long-term transitional housing provided in semi-supervised apartments for youth. Must be between the ages 16-21 and be homeless or fleeing an unhealthy living environment.

(707) 444-CARE (2273)

Girls' Space

A safe space for young women (ages 10-21) to explore, empower, and express themselves.

Meets Wednesdays from 6:30-8:30 p.m.

Raven, 523 T St, Eureka

(707)443-7099

www.facebook.com/ravenproject

National Resources

The It Gets Better Project

Our mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.

www.itgetsbetter.org

Family Acceptance Project

The Family Acceptance Project™ is a research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth.

www.familyproject.sfsu.edu

The Trevor Project

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.

www.thetrevorproject.org

1-866-488-7386

Crisis

Humboldt County Mental Health

Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress

720 Wood Street, Eureka, CA

Crisis Line: (707) 445-7715

Toll Free Access with TDY: (888) 849-5728



Humboldt County LGBTQ Resources

North Coast Rape Crisis Team

Provides crisis services; coordinates self-defense classes and education about rape

(707) 443-2737

24-Hour Crisis Line: (707) 445-2881

www.ncrct.org

Humboldt County Domestic Violence Services

(707) 443-6042 or 1-866-668-6543

National Suicide Prevention Hotline

1-800-273-8255

24 hour crisis line RCAA Youth Service Bureau

(707) 444-CARE (2273)

Spanish Language Suicide Prevention Lifeline

1-888-628-9454

Speech/Hearing Impaired Suicide Prevention Lifeline

1-800-799-4889

The Trevor Project

Suicide prevention and Crisis Counseling hotline for LGBTQ youth

24 hour line: 1-866-488-7386

www.thetrevorproject.org

Trans Lifeline

Trans Lifeline can be reached at 877-565-8860. For LGBT youth (ages 24 and younger) contemplating suicide, the Trevor Project Lifeline can be reached at 1-866-7386.

California Poison Control

1-800-222-1222

Humboldt County Mental Health

Children Youth & Family Services

Children's Services provides assessment, therapy, case management, psychological services, and medication services.

1711 Third St.

Eureka, Ca 95501

(707) 268-2800



Humboldt County LGBTQ Resources

Sempervirens Psychiatric Health Facility

Same Day Services and Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress.

www.co.humboldt.ca.us/hhs/mhb/

720 Wood St., Eureka, CA 95501

(707) 445-7710

Crisis Services (707) 445-7715 or 1-888-849-5728

Hope Center

Hope Center offers a variety of groups and classes, many of which are facilitated by peer volunteers. Our regular activities include WRAP (the Wellness Recovery Action Plan), a peer advocacy group, a grief group, bingo, and art.

www.co.humboldt.ca.us/hhs/mhb/hopecenter.asp

2933 H St., Eureka, CA 95501

707-441-3783

North Coast Association of Mental Health Professionals

Local directory of Mental Health Professionals. A nonprofit, multidisciplinary organization consisting of psychologists, psychiatrists, marriage and family therapists, licensed clinical social workers, licensed educational psychologists, and registered interns of these professions.

<http://ncamhp.org/directory.asp>



Humboldt County LGBTQ Resources

Social Groups and Activities

L-Word

Local monthly publication written by and for local queers highlighting local and international events.
www.lword.mamajudy.com

Queer Night Out

Every Thursday night 7 p.m. to 9 p.m. at The Alibi, 744 Ninth Street, Arcata Come join us for dinner and social fun. Look for us at the back tables.

Eureka Munch

Meets the second Thursday of each month at 6:00 p.m. The location is to be determined. The Eureka Munch is a radically inclusive group who welcomes kinky people regardless of gender, sexual ID, or kink. We welcome queer, transgender, gay, bi, homoflexible, hetroflexible, straight and everyone in-between plus those who don't fit into any labeled category. Please, no one under the age of 18. That includes not bringing your own children under 18. Please RSVP if you plan on attending to Molly.Kholin@gmail.com

Monthly Hikes for Lesbians

Monthly hikes. For more information, call Sue at (707)822-3405.

Mental Wellness

The Emma Center

Provides long term, integrated healing services in a safe, empowering environment for any woman who has experienced trauma.

5251 Ericson Way, Suite 3

Arcata, CA 95521

(707) 825-6680

www.theemmacenter.org

info@emmacenter.org

Eureka Mindfulness

Eureka Mindfulness offers mindfulness meditation scientifically proven to help body and mind. Led by Dr. Cindee Grace, LGBTQ activist and retired naturopath. Free-will donation, wheelchair accessible, fragrance free (no perfume, etc.). 1st & 3rd Sundays 10 a.m.-12:00p.m. Call for location.

(707) 269-7044

Hospice of Humboldt

The Grief Support Services department at Hospice of Humboldt offers free support and education to anyone in the community dealing with issues around grief. Grief support groups are offered five times a week in Eureka, Fortuna, Arcata and McKinleyville. A variety of grief recovery classes and workshops for adults and teens are also available.

www.hospiceofhumboldt.org

info@hospiceofhumboldt.org

3327 Timber Fall Court

Eureka, CA 95503

(707) 445-8443



Humboldt County LGBTQ Resources

Humboldt Family Service Center Counseling Services

HFSC is a non-profit community counseling agency offering individual, couple, child and family counseling.

humboldtfamilyservice.org

1802 California St,

Eureka , Ca 95501

(707) 443-7358

Humboldt State University Community Counseling Clinic

Counseling for adults and children, individuals, couples and families on a low cost sliding fee scale provided by supervised graduate level MFT Counseling or School of Psychology students. Serves the entire community except when Humboldt State is not in session.

One Harpst Street, Behavior and Social Science Building

Room 208, Arcata, CA 9521

www.humboldt.edu/~psych

(707) 826-3921

GLBTQ Peer Support Group

This support group for GLBTQ people dealing with depression and/or mood swings meets on Fridays at 2p.m. in the Hope Center, 2933 H Street (Modular), in Eureka.

Call Trish at (707)444-8641.

Humboldt State Counseling and Psychological Services

Services Include: Psychological assessment, short term individual and couples counseling, groups and workshops, information and referral, crisis intervention, outreach and consultation for students attending HSU.

www.humboldt.edu/counseling

(707) 826-3236

Depression Support Group

Every Monday night from 6:30-7:45p.m. We are an improvement-oriented support group of community members who are seeking a greater understanding of our own depression and are working together toward recovery and healing. Facilitated by a Counseling Masters graduate but run by participants.

United Methodist Church of the Joyful Healer

1944 Central Avenue, McKinleyville

Call Diane at (707) 839-4753 for more information.



Humboldt County LGBTQ Resources

Legal Resources

Lambda Legal

Western Regional Office
4221 Wilshire Boulevard, Suite 280
Los Angeles, CA 90010-3512
(213) 382-7600
www.lambdalegal.org

Senior Legal Services

Located at the Humboldt Senior Resource Center in Eureka.
1910 California Street
Eureka, Ca 95501
443-9747 x 1245
(707) 445-0866
1-800-972-0002

Legal Services of Northern California

Free Legal Services for low income and seniors.
P.O. Box 1017, Eureka, California 95502
(707) 445-0866 X304

Humboldt County Human Rights Commission

Consults with individuals about complaints related to human rights violations or discrimination due to social category. Also provides a speaker's bureau on a variety of topics.

Redwood ACLU

American Civil Liberties Union
Conducts board meetings and will hear complaints of civil liberties violations.
917 3rd Street Suite Q
Eureka, CA 95501
(707) 336-2258



Humboldt County LGBTQ Resources

National Center for Lesbian Rights

Elder Law Project

Provides legal services, legislative support, and policy work to advance equality for LGBT elders.

870 Market Street, Suite 370

San Francisco, CA 94102

(530) 272-5962

Law Office of Edward Schrock

Your Humboldt County lawyer & friend to the community. Serving all clients with respect and professionalism.

Please call us today to schedule your free consultation. Bilingual Contact/Contacto Bilingue: Christopher L

Anguiano Legal Assistant schrocklawoffices@gmail.com Services: Family Law, Civil Litigation, Criminal Law.

Servicios: Derecho de Familia, Derecho Procesal Civil, Derecho Penalicios.

Federal Building, 3rd floor. Post Office Box 1345, Eureka, CA 95502

(707)442-3400

www.humboldtcountylaw.com

Stokes, Hamer, Kaufman & Kirk, LLP

Estate planning, probate, business, family law, civil rights, personal injury, Real estate, construction, elder financial abuse, general civil disputes and litigation, criminal. Committed to equality and justice under the law, and valuing diversity. Southern Humboldt Appointments by request.

381 Bayside Road, Arcata, CA 95521

(707)822-1771

www.arcateurekalaw.com

Humboldt County Human Rights Commission

Meets 1st Thursday, 5-7p.m.

825 5th St, Room 1A, Eureka 95501

(707) 268-2548

Medical Wellness

AIDS Drugs Access Program (ADAP)

Humboldt County DHHS – North Coast AIDS Project

Contact the Community Wellness Center and ask to speak to an ADAP Enrollment Worker.

(707)268-2132

AIDS Task Force

For information, contact Michael Weiss at (707) 441-5074.

Breast & Gyn Health Project

987 8th Street (across from the Arcata Co-op) Arcata, CA 95521

(707) 825-8345

Toll-free: (877) 422-4776

Fax: (707) 825-8384

info@hcbhp.org

www.hcbhp.org



Humboldt County LGBTQ Resources

Breast & Gyn Health Project is a community resource of support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer. Office hours are Monday-Friday, 10 a.m.-2p.m.

Gay and Lesbian Medical Association

Maintains a searchable online database of LGBT friendly doctors and care providers and web pages devoted to transgender health resources

1326 18th Street NW Suite 22

Washington, DC 20036

(202) 600-8037

www.glma.org

HIV Testing Sites

Confidential

Humboldt County Department of Health
& Human Services Public Health Branch:

Eureka: Call for appointment, sliding scale.
529 I St. (707) 268-2108

Willow Creek: Tuesday and Friday
1:30 – 3 p.m. Walk-in.
77 Walnut Way
(530) 629-2410

Garberville: HIV testing by appointment.
727 Cedar Street (707) 923-2779

Mobile Van: (The Silver Health Van travels to various areas. Call the van at (707) 599-6307 for further information).

United Indian Health Services:

Arcata: 1600 Weeot Way (707) 825-5070
Monday thru Friday 10-5 p.m. Walk in.

Klamath: 241 Salmon Ave. (707) 482-2181
Monday 1-3 p.m. Walk in.

Weitchpec: Weitchpec Tribal Office
Hwy 196 (707) 445-2360
Thursday 10-5 p.m. Walk-in.



Humboldt County LGBTQ Resources

HIV Testing Sites

FREE/SLIDING SCALE & CONFIDENTIAL

Eureka Community Health Center:

Eureka: 2412 Buhne St. (707) 441-1624
Call for an appointment.

Humboldt Open Door Clinic:

Arcata: 770 10th Street (707) 826-8610
Call for an appointment.

Redwoods Rural Health Center:

Redway: 101 Westcoast Road
(707) 923-2783 Call for an appointment.

For more information, call the Humboldt County Public Health Branch's North Coast AIDS Project at (707) 441-5074, Public Health Nursing at (707) 268-2109, or Toll free at 1-866-597-1574.

North Coast AIDS Project (NorCAP)

908 7th Street

Eureka, CA 95501

707-268-2132

<http://humboldt.gov/620/North-Coast-AIDS-Project-NorCAP>

AIDS education and prevention, plus direct services for people living with HIV/AIDS.

Planned Parenthood Northern California

Pregnancy testing, contraceptive services, exams and treatment for STDs, HIV testing and other services.
(707) 442-5700

www.plannedparenthood.org/planned-parenthood-northern-california

3225 Timber Fall Court, Eureka, CA 95503

Redwood Urgent Care

2440 23rd street

Eureka, Ca 95501

707-298-2011

Open 9-7pm seven days a week, 365 days a year

Holidays 9-5pm

We offer cash pricing that is reasonable, as well as accept most insurance (medi-cal not accepted).



Humboldt County LGBTQ Resources

Friends and Supporters of the Queer Humboldt Community

Jennifer Saffen

Marriage and Family Therapist

Sexual orientation, coming out, and other issues for the queer community. To schedule an appointment in my private practice call (707) 616-7141 or e-mail me at jes@humboldt1.com Office in Arcata

Living Arts Counseling Center

Serving the community with affordable and innovative psychotherapy services that include drama therapy and expressive arts therapy. While many of our clients do not consider themselves actors or artists, they enjoy and benefit from the therapeutic engagement of their creativity.

1433 11th Street, Suite F, Arcata (707) 826-1400 www.livingartscenter.org

M.E.N.D./W.E.N.D. (Men and Women Experiencing Non-Abusive Decisions)

We are a private practice psychotherapy office. We currently have 2 Licensed Clinical Social Workers and 1 Marriage and Family Therapist Registered Intern. Our services are open to individuals, couples, families and children/teens. We accept private insurance, Medi-Cal, VOC, RCRC, and private pay. Our services are also available in Spanish.

If you have any questions please give us a call at (707) 441-8630.

930 Thirds St, Suite 209, Eureka and 343 G St, Crescent City, CA 95531

Stuart Altschuler, MFT

Stuart has a holistic approach that integrates the emotional, psychological, and spiritual needs of the individual.

He has extensive experience with the queer community. His office is based in Ferndale. (707) 786-9727

Email: stuart@mfcc.com

Trey Polesky, LCSW

Trey is a Licensed Clinical Social Worker passionate about providing individual, couples/family counseling to the LGBTQI community. (707) 840-5511

350 E. Street, Suite 302, Eureka, CA 95501

www.treypolesky.com

Email: trey.polesky@gmail.com



Humboldt County LGBTQ Resources

Wedding Resources

Ministers, non-denominational ministers, and photographers who support the Queer community.

Ministers

Tracy Jordan-French, Minister
(707) 839-8689
azalea@reninet.com

Eureka Sisters of Perpetual Indulgence
(707) 676-3774
www.eurekasisters.org

Ronald Love, Non-Denominational Minister
(707)407-0438 cell
(707)616-8176 home
dlove8013@gmail.com

Photographers

Elizabeth Mackay, Photographer
www.catch-light.com
(707)444-2601

Forget-Me-Not Photo Booth and Flipbook Rental Service
Kacy Curtis
www.forgetmenotphotobooth.com
(707)499-3256

DJs

DJ Joe-E
(707) 954-9052
quadradelic@yahoo.com