Humboldt County LGBTQ Resources

Community Service Groups / Resources

Queer Humboldt
(707)502-2890
www.queerhumboldt.org
http://www.facebook.com/queerhumboldt

Eureka Sisters of Perpetual Indulgence
Email: info@eurekasisters.org
www.eurekasisters.org
www.facebook.com/eurekasisters

Lesbian Emergency Fund
Provides small loans/grants to lesbians/dykes/queer women in any kind of emergency.
Call Sue at (707) 407-8367

HSU Women’s Resource Center
www.humboldt.edu/hsuwomen

Open and Affirming Churches and Spiritual Organizations

Arcata United Methodist Church
1761 Eleventh Street Arcata, CA 95521
(707)822-1963
Email: minfo@arcataumc.org
http://www.arcatamethodist.org

Arcata Zen Group
The Arcata Zen Group is a Zen Buddhist group which welcomes anyone to participate with them in sitting & walking meditation. The AZG BOD official statement is that “AZG is an inclusive community and welcomes all without regard to race, gender, class, sexual orientation, ethnicity, national origin, or disability.” A number of LBGTQ-identified people have been a part of the AZG sangha over the years & found it to be gay-friendly.
www.arcatazengroup.org
Humboldt County LGBTQ Resources

Eureka United Congregational Christian Church
900 Hodgson, Eureka
(707) 445-5488
http://www.eurekaucc.org

The Humboldt Chapter of the Buddhist Peace Fellowship
We welcome people without regard to sexual orientation, and members are involved in efforts towards marriage equality. Meetings are generally second Sunday at 11:30 a.m.
Contact Mitch at (707) 496-0071, visit https://www.facebook.com/Humboldt-Buddhist-Peace-Fellowship-736824696343780/ or write BPF c/o AZG 740 Park Avenue, Arcata, CA.

Humboldt Unitarian Universalist Fellowship
24 Fellowship Way (off Jacoby Creek Road), Bayside. Between Arcata and Eureka. Many in our community attend this very gay-friendly, non-denominational church.
(707) 822-3793
http://www.huuf.org

St. Alban’s Episcopal Church
1675 Chester Ave., Arcata CA 95521
(707) 822-4102
http://www.stalbansarcata.org

Temple Beth El
The Temple is located at the corner of Hodgson and T Streets in Eureka
(707) 444-2846
templebetheleureka.org

Youth

Queer Youth Coffee House
Meets Tuesdays 6:30pm to 8:30pm at RAVEN 523 T street, Eureka
(707) 443-7099
rcaa.org/ysb/stroutrch.html
http://www.facebook.com/ravenproject

Fortuna Union High School Gay Bi Straight Alliance
Humboldt County LGBTQ Resources

Eureka High School Y.E.A.H. Club GSA (Gay / Straight Alliance)
Mauro Staiano (707)441-2508 or staianom@eurekacityschools.org
Karen Griffith (707)441-2508 or griffithk@eurekacityschools.org

Arcata High's Sexuality and Gender Acceptance Club
Janie Mendosa
jmendosa@nohum.k12.ca.us

McKinleyville Youth LGBTQ Club Safe Zone
A club for LGBTQ youth that meets every Wednesday at 3:30pm at the Boys and Girls Club Teen Center in McKinleyville at 1705 Gwin Rd.
For further information, contact Samantha Hayworth at (707) 840-0304 or mshaworth@bgcredwoods.org

McKinleyville High School Diversity Club
Sarina Benavides-Garb, Diversity Club Advisor. (707) 839-6400 or sgarb@nohum.k12.ca.us

College of the Redwoods Queer Student Union
Meets every Tuesday at 1:15p.m to 2:15p.m. (room location changes each semester)
Email: michelle-haggerty@redwoods.edu
http://www.facebook.com/groups/214915345289700/

Humboldt State University Queer Student Union
Meets Thursdays 7:00p.m. at The Multicultural Center
Email: qsu@humboldt.edu
http://humboldt.edu/clubs/club_sites/qsu/
https://www.facebook.com/hsuqsu?ref=ts&fref=ts

Eric Rofes Multicultural Queer Resource Center
The ERC is an activist group at Humboldt State committed to providing students with information and events that address the needs of the queer community. The ERC is located in Warren House 53.
www.humboldt.edu/erc/

Rainbow Discussion Group
A collaborative support group for queer and transgender students run through the Counseling and Psychological Services at Humboldt State. Trans Group Friday 1:00 to 2:00, Milton House, any High School Student.
(707) 826-3236
Humboldt County LGBTQ Resources

Support

PFLAG (Parents & Friends of Lesbians and Gays)
We meet first Thursday of the month at the Adorni Center conference room 6:30 to 8:00 PM. We meet first Thursday of the month at the Adorni Center conference room in Eureka from 6:30 to 8:00 PM.
For information, visit: www.facebook.com/pflag.eurekaarcata
Or email: eurekapflag@gmail.com Contact phone number is: (707) 633-9081

Transgender Health Services
Humboldt Open Door Clinic
770 10th Street, Arcata
For appointment call Sergio Codina at: (707)826-8610, ext. *1139
For questions email: scodina@opendoorhealth.com

Transgender Support Group
Meets every last Wednesday of the month at 5:30pm to 7:00pm.
The group is open to all Open Door patients age 18 and over who identify as trans or gender queer. All insurances are accepted and no charge for those without insurance.
The support group will be facilitated by the clinic's Behavioral Health Consultant.
If you are interested in attending the support group, please contact the clinic at your earliest convenience – (707) 826-8610 or just show up.

Humboldt Area Trans Support
Meets 11:00-1:00 (Fourth Saturday of every month)
Jefferson Project, 1000 B Street, Eureka
http://www.facebook.com/groups/390296251057144

Alcoholics Anonymous for Humboldt and Del Norte Counties
(844)442-0711
www.aahumboldtdelnorte.net

Area 1 Agency on Aging
Insurance Counseling and Advocacy Program including Medicare
434 7th St, Eureka, CA 95501
(707) 444-3000
www.a1aa.org

Homeless or At Risk of Homelessness

RAVEN Project
Drop-in center with food, showers, computers, social groups, and access to referrals.
523 T Street, Eureka
(707) 443-7099
http://www.rcaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program
www.facebook.com/ravenproject
Humboldt County LGBTQ Resources

**Our House Shelter**
Short-term housing, food, and clothing for youth 12-17; case management, referrals, and support for youth. Youth who access the safe house may be experiencing homelessness, conflicts in the home, runaways, etc. (707) 444-CARE (2273) 24 hours a day

**Launch Pad**
Long-term transitional housing provided in semi-supervised apartments for youth. Must be between the ages 16-21 and be homeless or fleeing an unhealthy living environment. (707) 444-CARE (2273)

**Girls’ Space**
A safe space for young women (ages 10-21) to explore, empower, and express themselves. Meets Wednesdays from 6:30-8:30 p.m.
Raven, 523 T St, Eureka
(707)443-7099
http://www.facebook.com/ravenproject

**National Resources**

**The It Gets Better Project**
Our mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.
www.itgetsbetter.org

**Family Acceptance Project**
The Family Acceptance Project™ is a research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth.
http://www.familyproject.sfsu.edu

**The Trevor Project**
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.
www.thetrevorproject.org
1-866-488-7386
Humboldt County LGBTQ Resources

Crisis

Humboldt County Mental Health
Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress
720 Wood Street, Eureka, CA
Crisis Line: (707) 445-7715
Toll Free Access with TDY: (888) 849-5728

North Coast Rape Crisis Team
Provides crisis services; coordinates self-defense classes and education about rape
(707) 443-2737
24-Hour Crisis Line: (707) 445-2881
http://www.ncrct.org

Humboldt Domestic Violence Services
(707) 443-6042 or 1-866-668-6543

National Suicide Prevention Hotline
1-800-273-8255

24 hour crisis line RCAA Youth Service Bureau
(707) 444-CARE (2273)

Spanish Language Suicide Prevention Lifeline
1-888-628-9454

Speech/Hearing Impaired Suicide Prevention Lifeline
1-800-799-4889

The Trevor Project
Suicide prevention and Crisis Counseling hotline for LGBTQ youth
24 hour line: 1-866-488-7386
www.thetrevorproject.org

Trans Lifeline
Trans Lifeline can be reached at 877-565-8860. For LGBT youth (ages 24 and younger) contemplating suicide, the Trevor Project Lifeline can be reached at 1-866-7386.

California Poison Control
1-800-222-1222
https://calpoison.org
Humboldt County LGBTQ Resources

Humboldt County Mental Health

Children Youth & Family Services
Children’s Services provides assessment, therapy, case management, psychological services, and medication services.
1711 Third St.
Eureka, Ca 95501
(707) 268-2800
(707) 445-7715 Crisis Staff 8am to 5pm
(888) 849-5728 After Hours

Sempervirens Psychiatric Health Facility
Same Day Services and Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress.
http://www.co.humboldt.ca.us/hhs/mhb/
720 Wood St., Eureka, CA 95501
(707) 445-7710
Crisis Services (707) 445-7715 or 1-888-849-5728

Hope Center
Hope Center offers a variety of groups and classes, many of which are facilitated by peer volunteers. Our regular activities include WRAP (the Wellness Recovery Action Plan), a peer advocacy group, a grief group, bingo, and art.
https://humboldtgov.org/429/Hope-Center
2933 H St., Eureka, CA 95501
707-441-3783

North Coast Association of Mental Health Professionals
Local directory of Mental Health Professionals. A nonprofit, multidisciplinary organization consisting of psychologists, psychiatrists, marriage and family therapists, licensed clinical social workers, licensed educational psychologists, and registered interns of these professions.
http://ncamhp.org/directory.asp
Humboldt County LGBTQ Resources

Social Groups and Activities

**L-Word**
Local monthly publication written by and for local queers highlighting local and international events.  
www.lword.mamajudy.com

**Eureka Munch**
Meets the second Thursday of each month at 6:00 p.m. The location is to be determined. The Eureka Munch is a radically inclusive group who welcomes kinky people regardless of gender, sexual ID, or kink. We welcome queer, transgender, gay, bi, homoflexible, heteroflexible, straight and everyone in-between plus those who don’t fit into any labeled category. Please, no one under the age of 18. That includes not bringing your own children under 18. Please RSVP if you plan on attending to Molly.Kholin@gmail.com

**Monthly Hikes for Lesbians**
Monthly hikes. For more information, call Sue at (707)822-3405.

Mental Wellness

**The Emma Center**
Provides long term, integrated healing services in a safe, empowering environment for any woman who has experienced trauma.  
5251 Ericson Way, Suite 3  
Arcata, CA 95521  
(707) 825-6680  
http://www.theemmacenter.org  
mailto:info@emmacenter.org

**Hospice of Humboldt**
The Grief Support Services department at Hospice of Humboldt offers free support and education to anyone in the community dealing with issues around grief. Grief support groups are offered five times a week in Eureka, Fortuna, Arcata and McKinleyville. A variety of grief recovery classes and workshops for adults and teens are also available.  
http://www.hospiceofhumboldt.org  
mailto:info@hospiceofhumboldt.org  
3327 Timber Fall Court  
Eureka, CA 95503  
(707) 445-8443

Humboldt Family Service Center Counseling Services
HFSC is a non-profit community counseling agency offering individual, couple, child and family counseling.  
mailto:humboldtfamilyservice.org  
1802 California St,  
Eureka , Ca 95501  
(707) 443-7358
Humboldt County LGBTQ Resources

Humboldt State University Community Counseling Clinic
Counseling for adults and children, individuals, couples and families on a low cost sliding fee scale provided by supervised graduate level MFT Counseling or School of Psychology students. Serves the entire community except when Humboldt State is not in session.
One Harpst Street, Behavior and Social Science Building
Room 208, Arcata, CA 9521
http://www.humboldt.edu/~psych
(707) 826-3921

Humboldt State Counseling and Psychological Services
Services Include: Psychological assessment, short term individual and couples counseling, groups and workshops, information and referral, crisis intervention, outreach and consultation for students attending HSU.
http://www.humboldt.edu/counseling
(707) 826-3236

I'm Still Here: Community DIY Mental Health Support Group
Meets every 2nd and 4th Sunday at 5pm at Outer Space, 11th & M streets, Arcata.
Creates a forum for mutual acceptance, understanding and self-discovery. Offers support to those that need it and taps into support when needed. Builds connections with folks that can empathize. Reaches out to others and benefits from the experience of those who have been there. Holds ourselves accountable for our mental well-being. Share the scary thoughts--the things that are big inside, in hopes they can become pretty small once they are shared outside.
A community-facilitated group, not run by mental health professionals.
For questions, email outerspacearcata@gmail.com

Depression Support Group
Every Monday night from 6:30-7:45p.m. We are an improvement-oriented support group of community members who are seeking a greater understanding of our own depression and are working together toward recovery and healing. Facilitated by a Counseling Masters graduate but run by participants.
United Methodist Church of the Joyful Healer
1944 Central Avenue, McKinleyville
Call Diane at (707) 839-4753 for more information.
Humboldt County LGBTQ Resources

Legal Resources

**Humboldt County Human Rights Commission**
Consults with individuals about complaints related to human rights violations or discrimination due to social category. Also provides a speaker’s bureau on a variety of topics.
Meets 1st Thursday, 5-7p.m.
825 5th St, Room 1A, Eureka 95501
(707) 268-2548
https://humboldtgov.org/1308/Human-Rights-Commission

**Lambda Legal**
Western Regional Office
4221 Wilshire Boulevard, Suite 280
Los Angeles, CA 90010-3512
(213) 382-7600
http://www.lambdalegal.org

**Legal Services of Northern California**
Free Legal Services for low income and seniors.
P.O. Box 1017, Eureka, California 95502
(707) 445-0866 X304

**Redwood ACLU**
American Civil Liberties Union
Conducts board meetings and will hear complaints of civil liberties violations.
917 3rd Street Suite Q
Eureka, CA 95501
(707) 336-2258

**Senior Legal Services**
Located at the Humboldt Senior Resource Center in Eureka.
1910 California Street
Eureka, Ca 95501
443-9747 x 1245
(707) 445-0866
1-800-972-0002
Humboldt County LGBTQ Resources

National Center for Lesbian Rights
Elder Law Project
Provides legal services, legislative support, and policy work to advance equality for LGBT elders.
870 Market Street, Suite 370
San Francisco, CA 94102
(530) 272-5962

Law Office of Edward Schrock
Your Humboldt County lawyer & friend to the community. Serving all clients with respect and professionalism. Please call us today to schedule your free consultation. Bilingual Contact/Contacto Bilingue: Christopher L Anguiano Office Manage/Legal Assistant schrocklawoffices@gmail.com
Services: Family Law.
Servicios: Derecho de Familia
1036 5th Street, Suite B, Eureka
(707)442-3400
http://www.humboldtcountylaw.com

Stokes, Hamer, Kaufman & Kirk, LLP
Estate planning, probate, business, family law, civil rights, personal injury, Real estate, construction, elder financial abuse, general civil disputes and litigation, criminal. Committed to equality and justice under the law, and valuing diversity. Southern Humboldt Appointments by request.
381 Bayside Road, Arcata, CA 95521
(707)822-1771
http://www.arcateureka law.com

Medical Wellness

AIDS Drugs Access Program (ADAP)
Humboldt County DHHS – North Coast AIDS Project
Contact the Community Wellness Center and ask to speak to an ADAP Enrollment Worker.
(707)268-2132

AIDS Task Force
For information, contact Michael Weiss at (707) 441-5074.

Breast & Gyn Health Project
987 8th Street (across from the Arcata Co-op) Arcata, CA 95521
(707) 825-8345
Toll-free: (877) 422-4776
Fax: (707) 825-8384
info@hcbhp.org
www.hcbhp.org
Breast & Gyn Health Project is a community resource of support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer. Office hours are Monday-Friday, 10 a.m.-2p.m.
**Humboldt County LGBTQ Resources**

**Gay and Lesbian Medical Association**
Maintains a searchable online database of LGBT friendly doctors and care providers and web pages devoted to transgender health resources
1326 18th Street NW Suite 22
Washington, DC 20036
(202) 600-8037
[http://www.glma.org](http://www.glma.org)

**HIV Testing Sites**
**Confidential**

Humboldt County Department of Health & Human Services Public Health Branch:

<table>
<thead>
<tr>
<th>Location</th>
<th>Operating Hours</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Eureka</td>
<td>Call for appointment, sliding scale.</td>
<td>529 I St. (707) 268-2108</td>
</tr>
<tr>
<td>Willow Creek</td>
<td>Tuesday and Friday 1:30 – 3 p.m. Walk-in.</td>
<td>77 Walnut Way (530) 629-2410</td>
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<tr>
<td>Garberville</td>
<td>HIV testing by appointment.</td>
<td>727 Cedar Street (707) 923-2779</td>
</tr>
<tr>
<td>Mobile Van</td>
<td>(The Silver Health Van travels to various areas. Call the van at (707) 599-6307 for further information).</td>
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<tr>
<td>Arcata</td>
<td>1600 Weeot Way (707) 825-5070 Monday thru Friday 10-5 p.m. Walk in.</td>
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<tr>
<td>Klamath</td>
<td>241 Salmon Ave. (707) 482-2181 Monday 1-3 p.m. Walk in.</td>
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<tr>
<td>Weitchpec</td>
<td>Weitchpec Tribal Office Hwy 196 (707) 445-2360 Thursday 10-5 p.m. Walk-in.</td>
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Humboldt County LGBTQ Resources

HIV Testing Sites
FREE/SLIDING SCALE & CONFIDENTIAL

Eureka Community Health Center:
Eureka: 2412 Buhne St. (707) 441-1624
Call for an appointment.

Humboldt Open Door Clinic:
Arcata: 770 10th Street (707) 826-8610
Call for an appointment.

Redwoods Rural Health Center:
Redway: 101 Westcoast Road
(707) 923-2783 Call for an appointment.
For more information, call the Humboldt County Public Health Branch’s North Coast AIDS Project at (707) 441-5568, Public Health Nursing at (707) 268-2109, or Toll free at 1-866-597-1574.

North Coast AIDS Project (NorCAP)
908 7th Street
Eureka, CA 95501
707-552-5568
707-268-0415 Fax
mweiss@co.humboldt.ca.us
http://humboldtgov.org/620/North-Coast-AIDS-Project-NorCAP
AIDS education and prevention, plus direct services for people living with HIV/AIDS.

Planned Parenthood Northern California
Pregnancy testing, contraceptive services, exams and treatment for STDs, HIV testing and other services.
(707) 442-5700
http://www.plannedparenthood.org/planned-parenthood-northern-california
3225 Timber Fall Court, Eureka, CA 95503

Redwood Urgent Care
2440 23rd street
Eureka, Ca 95501
707-298-2011
Open 9-7pm seven days a week, 365 days a year
Holidays 9-5pm
We offer cash pricing that is reasonable, as well as accept most insurance (medi-cal not accepted).
Humboldt County LGBTQ Resources

Friends and Supporters of the Queer Humboldt Community

Jennifer Saffen
Marriage and Family Therapist
Sexual orientation, coming out, and other issues for the queer community. To schedule an appointment in my private practice call (707) 616-7141 or e-mail me at jes@humboldt1.com Office in Arcata

Living Arts Counseling Center
Serving the community with affordable and innovative psychotherapy services that include drama therapy and expressive arts therapy. While many of our clients do not consider themselves actors or artists, they enjoy and benefit from the therapeutic engagement of their creativity.
1433 11th Street, Suite F, Arcata (707) 826-1400 www.livingartscenter.org

M.E.N.D./W.E.N.D. (Men and Women Experiencing Non-Abusive Decisions)
We are a private practice psychotherapy office. We currently have 2 Licensed Clinical Social Workers and 1 Marriage and Family Therapist Registered Intern. Our services are open to individuals, couples, families and children/teens. We accept private insurance, Medi-Cal, VOC, RCRC, and private pay. Our services are also available in Spanish.
If you have any questions please give us a call at (707) 441-8630.
930 Thrids St, Suite 209, Eureka and 343 G St, Crescent City, CA 95531

Stuart Altschuler, MFT
Stuart has a holistic approach that integrates the emotional, psychological, and spiritual needs of the individual. He has extensive experience with the queer community. His office is based in Ferndale. (707) 786-9727
Email: stuart@mfcc.com

Trey Polesky, LCSW
Trey is a Licensed Clinical Social Worker who specializes in and is passionate about providing individual therapy services to the LGBTQI community. In particular he has extensive experience working with transgender, non-binary, and queer identified clients.
(707) 840-5511
427 F Street, Suite 224, Eureka, CA 95501
www.treypolesky.com
Email: trey.polesky@gmail.com
Humboldt County LGBTQ Resources

Wedding Resources

Ministers, non-denominational ministers, and photographers & DJ’s who support the Queer community.

Ministers

Rev. Cindi Knox
United Congregational Christian Church
900 Hodgson Street Eureka, CA 95503
(443)424-2747
mailto:munitedEureka@revcindi.com
http://revcindi.com/

Tracy Jordan French, Minister
(707) 599-9335
tracyjordanfrench@gmail.com

Eureka Sisters of Perpetual Indulgenc
(707) 676-3774
http://www.eurekasisters.org

Ronald Love, Non-Denominational Minister
(707)407-0438 cell
(707)616-8176 home
mailto:dlove8013@gmail.com

Your Humboldt Officiant
Blu (Shanna Carlile-Roy)
Non-denominational certified wedding officiant
(707)498-8881
mailto:yourhumboldt officiant@yahoo.com
yourhumboldt officiant.com

Photographers

Elizabeth Mackay, Photographer
http://www.catch-light.com
(707)444-2601

Forget-Me-Not Photo Booth and Flipbook Rental Service
Kacy Curtis
http://www.forgetmenotphotobooth.com
(707)499-3256
Humboldt County LGBTQ Resources

DJs

DJ Joe-E
(707) 954-9052
quadradelic@yahoo.com